
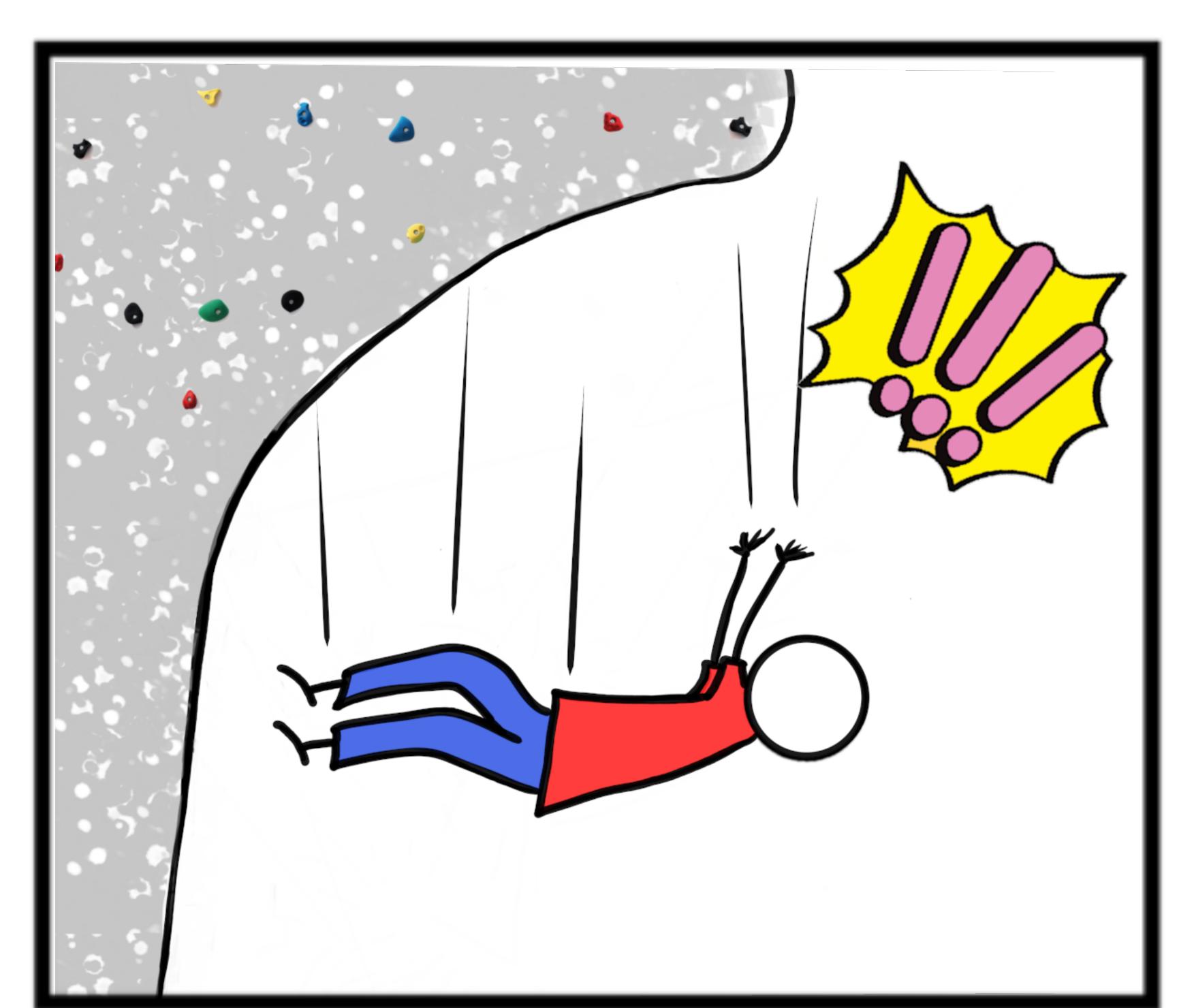
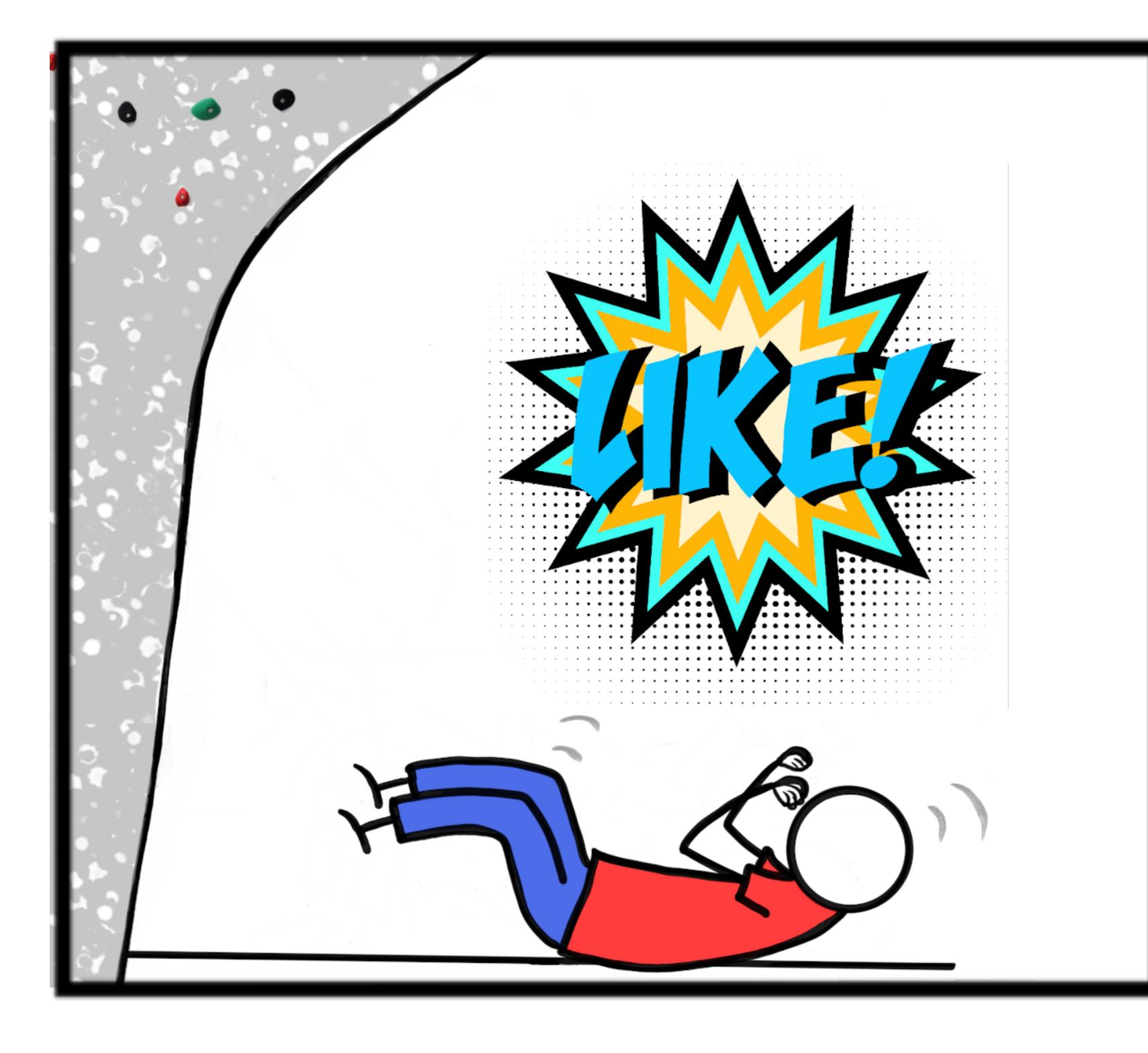
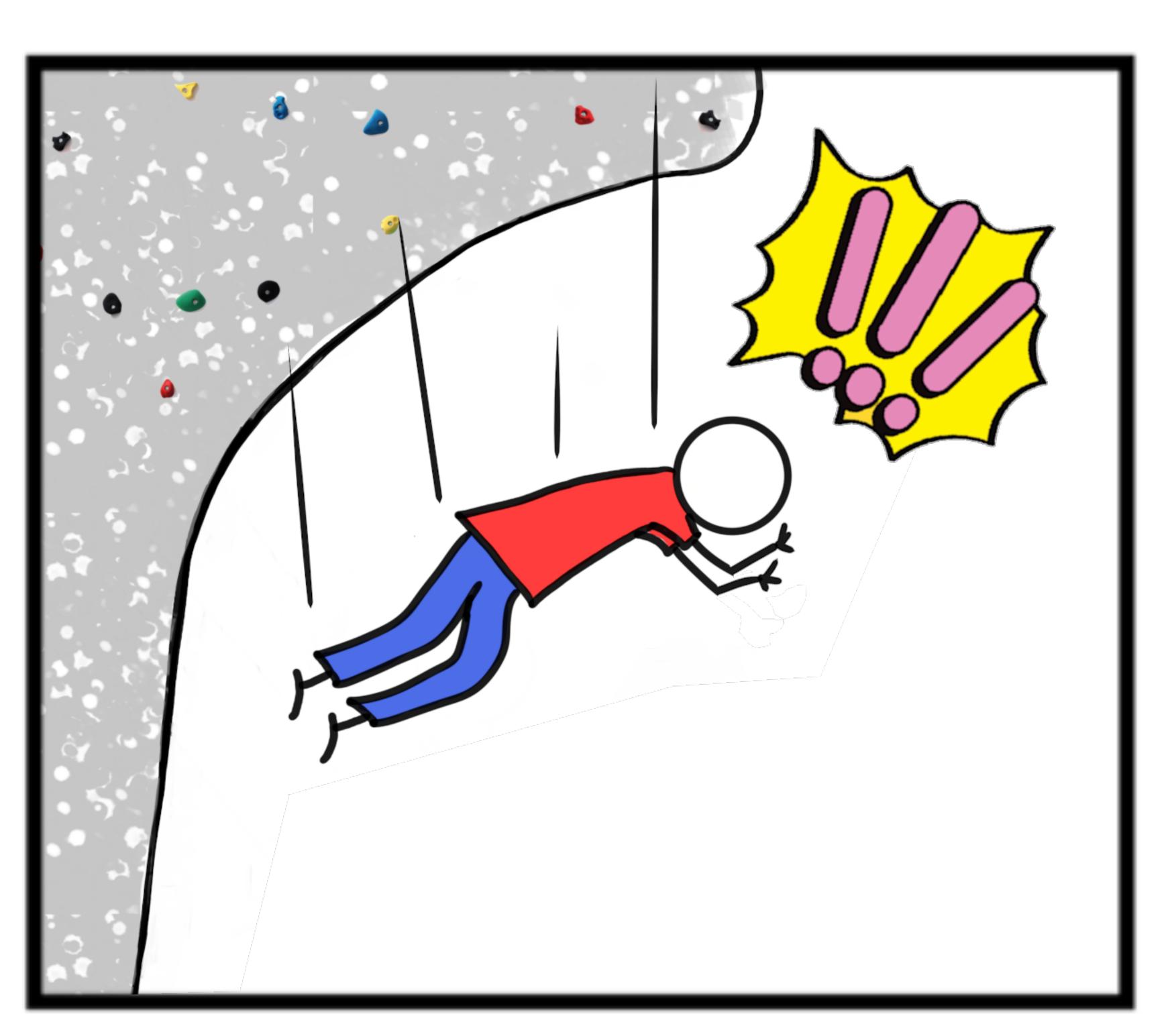
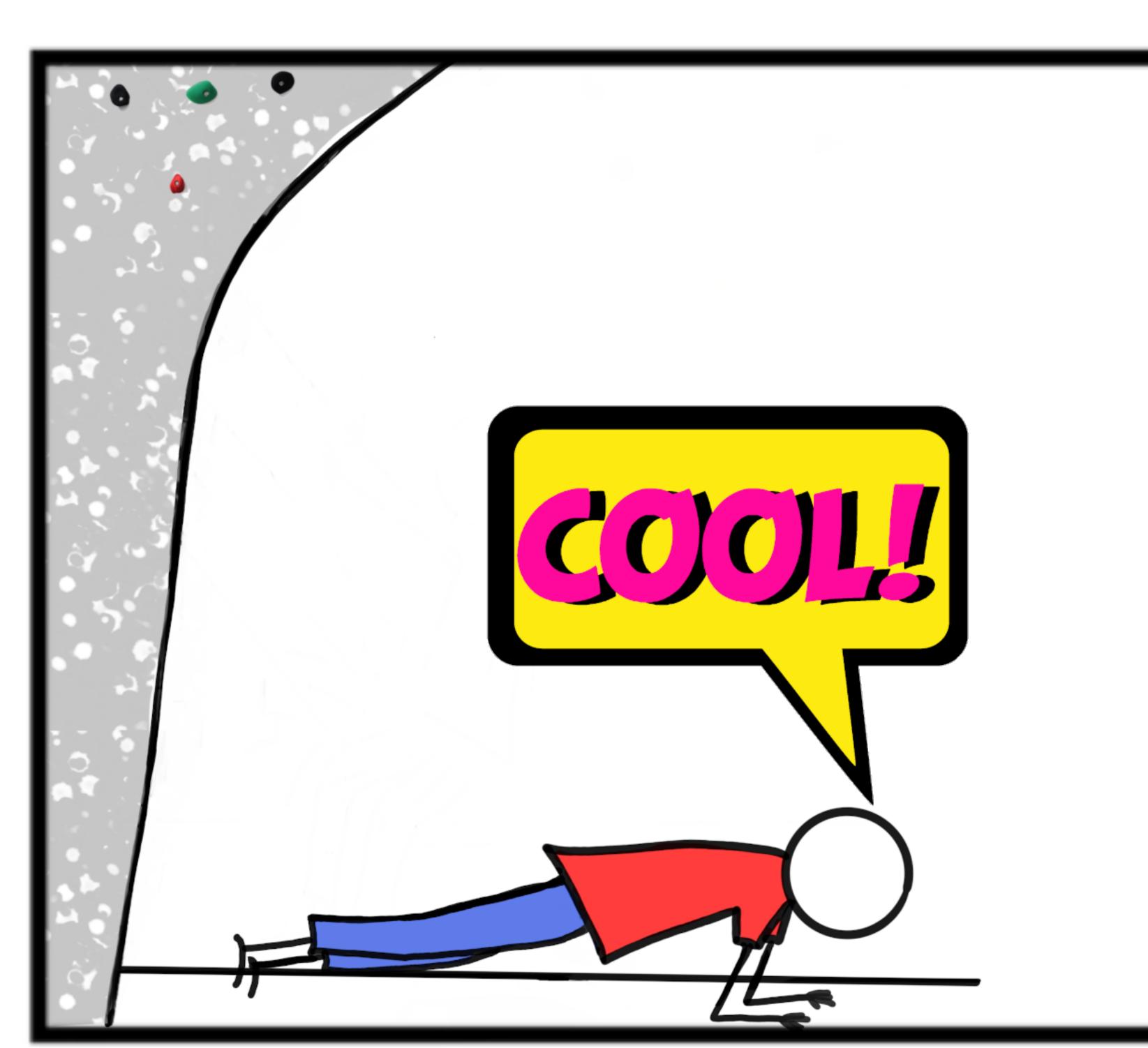
HOW TO FALL SAFELY WHEN MOOOR BOULDERING











T-REX: RESIST STICKING OUT YOUR ARMS! KEEP YOUR FOREARMS IN FRONT OF YOUR CHEST.

TURTLE: PROTECT YOUR HEAD! ENGAGE THOSE ABS AND KEEP YOUR HEAD OFF THE GROUND!

ROLL: DON'T STICK THE LANDING (OR SQUAT DOWN); SPREAD OUT THE IMPACT WITH A ROLL!